

# The Stress Box





Take out the fidget cube and look at all the buttons.

Turn the page to start the fidget cube story.

My name is Stressy Sam., and I am stressed!  
This morning I went down to the kitchen to  
have my favorite breakfast, cereal.

When I opened the box all of the cereal was  
gone.



My brother Fatty Fred ate all of the cereal.



I want to punch my brother in the face so hard that cereal would come out of his nose.

I grab onto Fatty Fred's neck. He starts running around.



Fred is about to bite me when a giant green cube fell down from the sky. The cube scares Fred and he runs away.

I read the note on the cube. It says,

"Press the right code and you will get a secret gift to remove all of your stress."



## Which button should I push?

### **The 3 Sliders**

Turn to Page 8

### **The 4 Triangle Buttons**

Turn to Page 3

### **The 3 Spin Dials**

Turn to Page 3

### **The Angry Pink Face**

Turn to Page 3

### **I am All Done**

Turn to Page 3

## The 3 Sliders

I move the 3 sliders up and down. Whenever I move the sliders up my voice turns really squeaky. And when I move the sliders down, my voice turns very low.





### YOUR TURN

Slide the sliders back and forth and make your voice go high and low as you move the sliders.

Then Turn the Page.

The robot voice came back on.

“To unlock the gift put the 3 sliders so they are all in line with each other.”



YOUR TURN

Put the 3 sliders so they are all in the same line.

Then Turn the Page.

When I put the 3 sliders in the same row,  
my voice turned back to normal and I heard  
another bell ring. I must be getting close.

Turn to Page 6.

## **The 4 Triangle Buttons**

I turn the fidget cube over to the triangles, and the robot voice yells:

“To unlock this side, you need to press the arrows in this order:

Left

Left

Right

Right

Up

Up

Down

Down”

I tried to press the arrows in the right order. But I kept pushing them at the wrong time. I am just so angry at Fatty Fred that I needed help. Maybe you can help me?



YOUR TURN

Press the arrows in the correct order .

Then Turn the Page.



## The 3 Spin Dials

When I turn to the 3 spinners, I hear a car engine inside the cube.

The robot tells me to spin the dials so fast the car engine can start.





YOUR TURN

Spin the 3 spinners as fast as you can.

Then Turn the Page.

Vroom. Vroom. Vroom.

Smoke starts coming out of the fidget cube.  
I hear popping noises and see sparks come  
near the spinners.

I hope I did not spin the fidget cube too much.

Turn to Page 6.



## **The Angry Pink Face**

"Heh you! You should punch me."

I look over and see a big angry pink face looking at me.

"What are you chicken? Punch me?"

I am still angry at my brother. But I did not want to punch this nice pink man. Maybe you can help me.





### YOUR TURN

Hold the fidget cube in your hand with the pink man facing up. Hit the pink man 5 times with your thumb then turn the page.

Then Turn the Page.

The pink man wobbles up and down and says,

“Thank you Sammy. I love it when people punch me.”

I hear a bell ring. Did I unlock the fidget cube yet?

Turn to Page 6.



## **I Am All Done**

The final bell rings. I unlocked the fidget cube and I can get my free gift. The robot voice comes back on:

"You did it Stressy Sammy. You beat the Fidget Cube. Your reward is you are now stress free."

Stress free? I wanted some more cereal. But the robot was right. I feel a lot calmer and I do not need to punch my brother Fatty Fred any more.

I go give Fatty Fred a hug.

The End



